

Employers who support breastfeeding save \$\$ by

- ♥ experiencing less absenteeism;
- ♥ having reduced staff turnover and loss of skilled workers;
- ♥ having higher job productivity, employee satisfaction, and morale;
- ♥ having lower healthcare costs associated with healthier mothers and infants.

Needs at the worksite

Women who wish to continue breastfeeding have few personal needs. All they need is a breast pump and a private place to express their milk. Employers and co-workers can support this effort by providing

- ♥ a clean, private and comfortable place to express milk;
- ♥ a chance to pump milk often enough to maintain a good supply; and
- ♥ an adequate place to store expressed milk.

For a healthier workforce and healthy babies

Work together to establish and designate a comfortable and private space for breastfeeding moms to express their breastmilk.

If you need more information about breastfeeding, you may contact:

The Women, Infants & Children Services Branch (WIC) on O'ahu at 586-8175 (v/tty) and Neighbor Islands toll-free at 888-820-6425 (v/tty)

or

Maternal & Child Health Branch at 733-9021 (voice) or 733-8360 (tty).

The Worksite protection is enforced by the Hawai'i Civil Rights Commission.

The Public Accommodations protection is NOT enforced by the Hawai'i Civil Rights Commission.

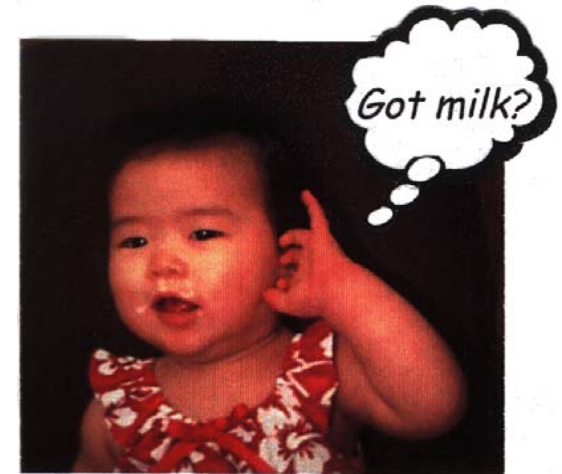
You may contact them at 586-8636 (voice) or 596-8692 (tty) for general information on Chapters 378 and 489.

Brought to you by the Hawai'i Department of Health, Committee on the Status of Women.

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Breastfeeding

Promotion and Protection

at the Worksite

and

in Public